



## Effects of Aflatoxin on Kidney and Protective Effectiveness of Esterified Glucomannan in Ram

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### SUMMARY

In this study, the effects of total aflatoxin (AF) given orally on kidney in Merino rams were studied. In addition, this study was conducted in order to evaluate the efficacy of an esterified glucomannan (EG) for protection against aflatoxicosis. One year-old 32 Merino rams were divided into four equal groups. Rams were fed through the 92 days. Control group (C) fed with the commercial feed. AF group fed with commercial feed added 250 µg/day of total AF. EG group fed with commercial feed added 2 g/day of EG. AF+EG group fed with commercial feed added 250 µg/day of total AF and 2 g/day of EG. At the end of the 92 day after cessation of the animals, tissue samples were taken from the kidney in order to perform histological structure. Degeneration and spills in the tubular epithelial cells of kidney were observed in the AF group. Massive hyperemia was observed in the renal vessels. In conclusion, the adverse effects causing by aflatoxicosis on the kidney could be ameliorated by adding EG to the ration.

**Key Words:** Aflatoxin, Glucomannan, Kidney Histology, Ram

### ÖZET

## Koçlarda Aflatoksinin Böbrek Üzerine Etkileri ve Esterifiye Glukomannanın Koruyucu Etkinliği

Bu çalışmada Merinos ırkı koçlara ağızdan verilen total aflatoksinin (AF) böbrek üzerine etkileri ile glukomannanın (EG) koruyucu etkinliği değerlendirildi. Çalışmada 1 yaşında 32 adet koç 4 eşit gruba ayrıldı. Beslemeye 92 gün devam edildi. Kontrol (K) grubuna ticari yem; AF grubuna ticari yem ile günlük 250 µg AF; EG grubuna ticari yem ile günlük 2 gr EG; AF+EG grubuna ise ticari yemle birlikte günlük 250 µg AF ve 2 gr EG verildi. 92. günün sonunda hayvanlar kesildikten sonra böbrekteki histolojik yapıyı göstermek için örnekler alındı. AF grubunun böbrek tübüllerinde dejenerasyon ve dökülmeler, böbrek damarlarında ise yoğun hiperemi gözlemlendi. Sonuç olarak; aflatoksinin böbrek üzerindeki olumsuz etkilerinin yeme EG ilave edilerek iyileştirilebildiği ortaya konmuştur.

**Anahtar Kelimeler:** Aflatoksin, Böbrek Histolojisi, Glukomannan, Koç

### INTRODUCTION

Mycotoxins are toxic metabolites synthesized by some naturally occurring fungi under suitable physical, chemical and biological factors (Agag 2004). Among them are the aflatoxins (AF) which are produced by the fungi *Aspergillus flavus* and *A. parasiticus* (Wilson and Payne 1994). They not only contaminate foodstuffs but are also found in edible tissues, milk and eggs after consumption of contaminated feed by farm animals (Pohland 1993; Fink 1999). Furthermore, AFs have been found in human cord blood and apparently can enter the developing fetus in humans and animals (Appelgren and Arora 1983; Denning 1987). It is well known AFs are carcinogenic, teratogenic, mutagenic and immunosuppression (Oguz et al. 2003). The liver is the target organ for aflatoxicosis (Lakkawar et al.

2004). There is evidence that it has harmful effects on the kidneys, though not as much as on the liver (Eraslan et al. 2003).

Prevention of feed and feedstuffs from possible mould growth and AF contamination is very important (Ozen et al. 2009). Practical and cost-effective methods for detoxification of AF containing feed and feedstuff are in great demand (Basmacıoğlu et al. 2005). Since the early 1990s, the adsorbent-based several studies have been performed to detoxify AF in contaminated food and feedstuffs and to minimize the deleterious effects of AF (Kececi et al. 1998; Oguz et al. 2003). An approach to the problem has been the usage of non-nutritive and inert adsorbents in the diet to bind AF and reduce the absorption of AF from the gastrointestinal tract (Oguz 2011). The non-nutritive clays such as aluminosilicates,

zeolites, bentonites, and clinoptilolite were preferred by the researchers (Kececi et al. 1998; Oguz et al. 2003). Recent years, researchers suggested that the best approach to decontamination should be degradation by biological materials giving a possibility of AF removal under moderate conditions, without using harmful chemicals and without significant losses of the nutritive value and palatability of detoxified feed and feedstuffs (Yildirim et al. 2011). Yeast cell walls, particularly those of *Saccharomyces cerevisiae* (SCE), are an environmentally friendly alternative to other adsorbents, because they are easily biodegraded (Yiannikouris et al. 2005). The structure of these cells and the nature of the polysaccharides they contain, i.e., glucan and mannan, have been studied extensively. Yeast cell walls may form complexes with dietary toxins, thereby limiting toxin absorption in the digestive tract. The ability of yeast cell walls to bind toxins is increased by their large surface area (Yiannikouris et al. 2003). Live yeast (*Saccharomyces cerevisiae*; SCE) initially used as a performance promoter in the early 1990s, was found to have beneficial effects on aflatoxicosis (Stanley et al. 1993). The beneficial effects of SCE have been attributed to mannan in the cell wall of SCE. Mannan was then extracted and esterified with glucan. Esterified glucomannan (EG) showed considerably high binding ability (80-97%) with AF (Basmacioglu et al. 2005), and it has been preferred for detoxification of AF in poultry animals.

The aim of this study, the effects of total AF given orally on kidney in Merino rams was studied. In addition, this study was conducted in order to evaluate the efficacy of an EG for protection against aflatoxicosis.

## MATERIALS and METHODS

### Animals and Diet

Approval for the present study was obtained from the Animal Ethics Committee of the Faculty of Veterinary Medicine of the Selcuk University (2008/061). The study was created from the TUBITAK-TOVAG project entitled "Effects of Aflatoxin on Semen Quality, Testicular Histology, and Hyaluronidase Enzyme Activity, and Protective Effectiveness of Esterified Glucomannan in Ram".

Thirty-two Merino rams were approximately purchased 1-year-old (12-14 months old). Animals were examined for general health. Antiparasitic ivermectin injection (Avromec-F, 1ml/50 kg) and oksifendazol (oxa-F, 1 tablet/50 kg) were performed. In addition, enterotoxemia (Pluritoxiven-8, 1 ml) and smallpox vaccines were performed. For adaptation to the environment and the implementation of a new 15-day training program was applied to feeding. Individually weighted rams were divided into four equal groups. Experimental feeding was continued throughout ninety-two days. The duration of treatment (92 days) was based on a possible cumulative toxicity and the duration of spermatogenesis and spermiogenesis in ram. The rams were fed a commercial food (Table I). Water and alfalfa were given *ad libitum*. AF and EG that were mixed of 250 g commercial feed were given to animals before morning feeding and then morning feeding was continued.

### Experimental Design

The experimental design consisted of four dietary treatments. Control group (C) fed with the commercial feed (Table I). AF group fed with commercial feed added 250 µg/day of total AF. EG group fed with commercial feed

added 2 g/day of EG. AF+EG group fed with commercial feed added 250 µg/day of total AF and 2 g/day of EG. AF and EG doses which were given to animals throughout the study were calculated by pharmacologists.

**Table 1.** Composition of the commercial feed

Composition	Content Ratio
Dry matter	%88
Crude protein	%12
Crude Cellulose	%12
Crude ash	%9
Insoluble ash in HCL	%1.0
Ca	%0.6-1.6
P	%0.4
Na	%0.1-0.4
NaCl	%1.0
Metabolic energy	2750 kcal/kg
Vit A	7000 IU-kg
Vit D3	700 IU-kg
Vit E	25 mg/kg

### Aflatoxin

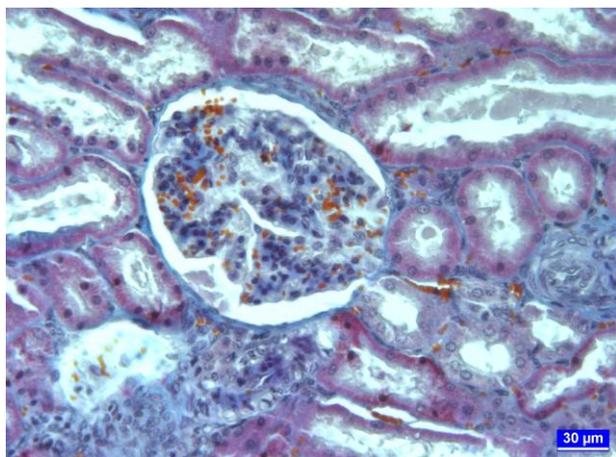
The AF was produced (in the Department of Pharmacology and Toxicology, Faculty of Veterinary Medicine, University of Selcuk, Konya; Turkey) from *Aspergillus parasiticus* NRLL 2999 culture (USDA, Agricultural Research Service, Peoria, IL) via fermentation of rice by the method of Shotwell et al. (1966) with minor modifications by Demet et al. (1995). Fermented rice was sterilized in autoclave, dried at 70°C, and ground to a fine powder. According to the method reported by Vicam (1999) extraction and cleaning of AF in fermented rice was used immunoaffinity column (Down Test®; Vicam). The amount of AF carried out by high performance liquid chromatography (HPLC) according to the method reported by Stroka et al. (2000). The amount of total AF in the fermented rice was found 73.96 ppm. The AF within the rice consisted of 84.15 % AFB<sub>1</sub>, 6.29 % AFB<sub>2</sub>, 9.13 % AFG<sub>1</sub> and 4.25 % AFG<sub>2</sub>. (rate of return method 97.4 %; sensitivity 0.4 ppb).

### Collection and Processing of Tissue Samples

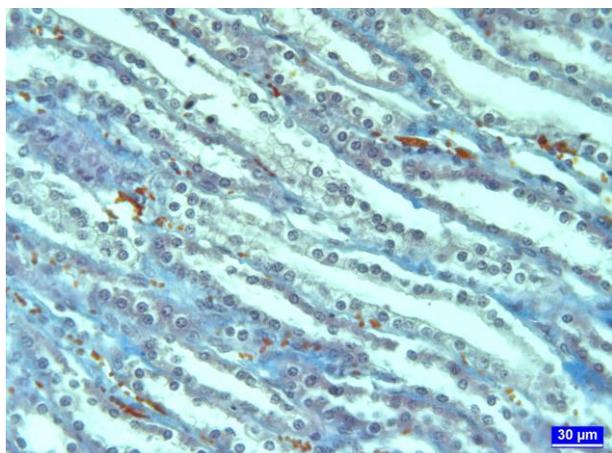
At the end of the 92 day, Kidney tissue samples were taken from rams after scarification and were fixed in 10% neutralized buffered formaldehyde, embedded in paraffin wax and then stained with Crosmann's modification of trichrome stain in order to determine the histological structure (Ustunel and Demir 2001).

## RESULTS

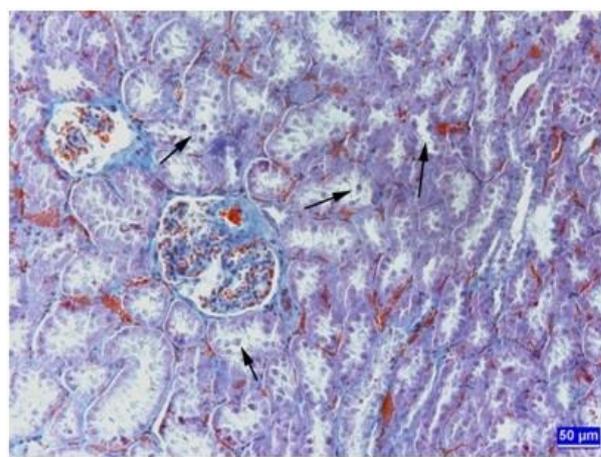
Histopathologically, no specific lesion was observed in kidney tissues from the C (Figure 1 and 2) and EG groups. In the AF group, degeneration and spills in the tubular epithelial cells (Figure 3), vascular dilation and congestion was noticed in the kidney. Especially in the renal medulla region, massive hyperemia was found in the renal vessels (Figure 4). In the AF+EG group, a small number of spills in the tubular epithelial cells of renal cortex region and locally congestion in the vessels of the renal medulla region were observed.



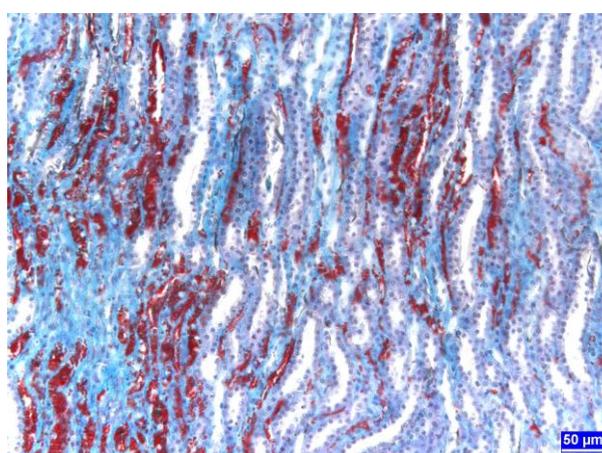
**Figure 1.** Normal histological appearance of the kidney a control group, cortex region, trichrome staining



**Figure 2.** Normal histological appearance of the kidney a control group, medulla region, trichrome staining



**Figure 3.** Degeneration and spills in the tubular epithelial cells in AF group (arrows), cortex region, trichrome staining



**Figure 4.** Vascular dilation and massive congestion in the renal vessels in AF group, medulla region, trichrome staining

## DISCUSSION

Although the principal target organ for aflatoxin is the liver, necrosis and hemorrhage may also occur in other organs (i.e., kidney, heart, spleen, and pancreas) depending on variables such as animal species, dose, route, and treatment protocol (Newberne and Rogers 1981). Few reports have documented renal damage in rats (Ikegwonu et al. 1980; Maull 1988). Arora et al. (1978) reported that the kidneys also excreted AFB<sub>1</sub> and that the renal medulla was quite sensitive to this mycotoxin. Another study by Grosman et al. (1984) demonstrated that rats are acutely sensitive to the nephrotoxic effects of a single dose of AFB<sub>1</sub> (100 ppb). Lakkawar et al. (2004) reported that liver and kidney were the most affected organs in rabbits which fed an AFB<sub>1</sub> contaminated diet. The effects of AFs on histopathological changes are directly correlated with the concentration of AF and the duration of the exposure (Boonyaratpalin et al. 2001). In this study, it was observed that 250 μg/day AF caused significant histopathological changes in liver in 92 days.

Some researches have reported vascular and degenerative lesions in ducks's kidneys of AF treated group (Asplin and Carnaghan 1961; Calnek et al. 1997). In this study, we also found similar findings. Dafalla et al. (1987) was declared the epithelial cells of many renal tubules were vacuolated

in broilers. A study of Ozen et al. (2009) reported moderate tubular epithelial degeneration due to AF in kidney. Yildirim et al. (2011) were detected tubular epithelial cells were pale and swollen, sometimes necrotic in kidney. Morrissey et al. (1987) have found tubular cells necrosis with pyknotic nucleus in kidney of rats, especially in the inner parts of renal cortex. Glahn et al. (1991) reported that the target site of action of AFB<sub>1</sub> in kidneys is the glomerular region. In our study, we also observed degeneration and spills in the tubular epithelial cells similar to previous studies. Lakkawar et al. (2004) were observed degeneration of the tubular epithelium up to the 30<sup>th</sup> day in the kidneys. At the terminal stage of the experiment, they declared the renal tubules showed a marked degeneration and hyalinization of the tubular epithelium along with widened Bowman's spaces of glomeruli. Ortatatl et al. (2005) were reported that the toxic effects of AF on kidney were clearly observed by feeding 100 ppb AF fed for 42 days. They have seen slight tubular degeneration in the kidney. In our study, the kidneys from animals treated with AF showed marked degeneration of renal tubules and loss of tubular epithelial cells. As a reason of this situation, AF metabolites arising from the effects of some of the enzymes which react with DNA are thought to be caused by mutations in the nucleus (Shen et al. 2005).

In histological examination of kidneys in the AF group, Lakkawar et al. (2004) were observed initially there was vascular congestion throughout the parenchyma followed by focal areas of haemorrhages in the kidneys. In this study, we also found a similar finding. Especially in the renal medulla region, vascular dilation and congestion were noticed. In the present study, the vascular changes observed in the various organs and tissues are indicative of an AF induced endothelial injury. Most of the coagulation factors which were synthesized in the liver were deteriorated by effect of AF, and this situation leads to lack of blood coagulation (Lakkawar et al. 2004). Consequently, congestion is occurred depending on slowing of blood flow and insufficient venous return in the organs and tissues. Furthermore, dilation of arterioles causes congestion due to increased blood to the tissue depending on inflammation (Unal 2012).

In this study, histopathological findings obtained from AF+EG group is close to the C group. Histopathologically, no specific lesion was observed in kidney tissues from the C and EG groups. A study of Colakoglu and Donmez (2013) have found protective effectiveness of EG. This results have shown EG is an important adsorbent in decreasing the detrimental effects of AFs. This finding was in agreement with previous reports (Basmacioglu et al. 2005; Yildirim et al. 2011).

## CONCLUSION

In conclusion, the adverse effects AF impaired histological structure of the kidney could be ameliorated by adding EG to the ration. We were concluded EG is an agent which can be used successfully to prevent aflatoxicosis. Furthermore, we think that this study will also be a reference for future similar studies.

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